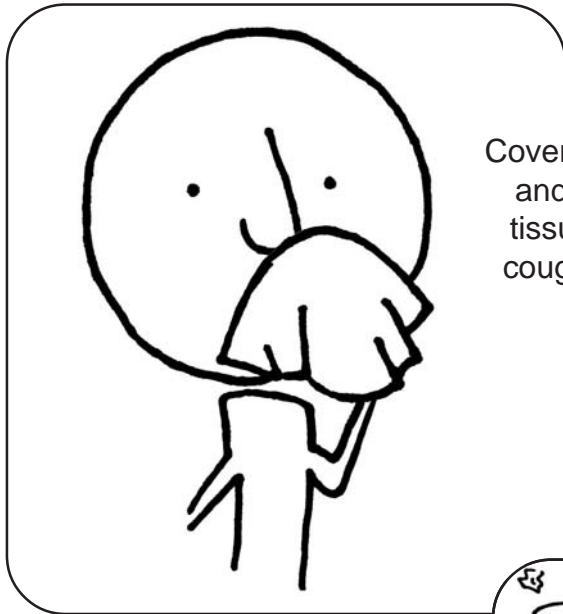


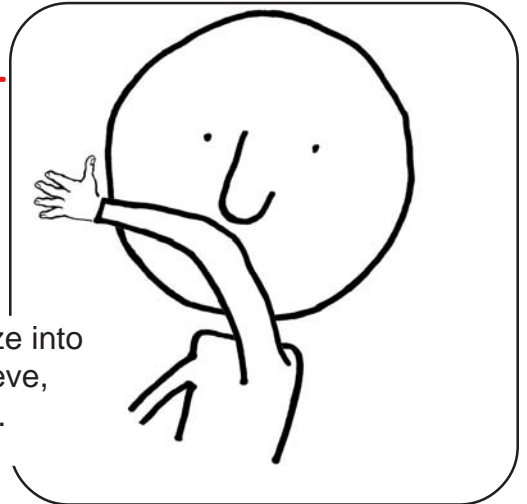
# Keep Germs to Yourself!

## Cover your Cough



Cover your mouth and nose with a tissue when you cough or sneeze **or**

cough or sneeze into your upper sleeve, not your hands.



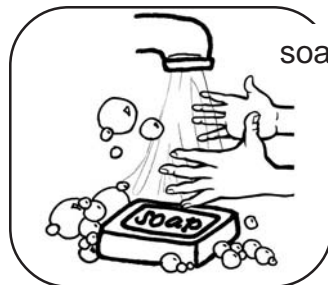
Put your used tissue in the waste basket.



You may be asked to put on a surgical mask to protect others.

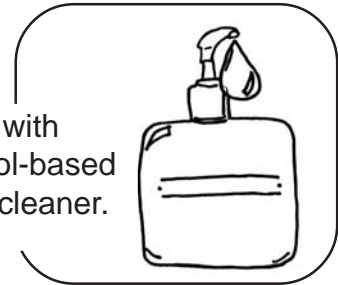
## Clean your Hands

after coughing or sneezing.



Wash with soap and water **or**

clean with alcohol-based hand cleaner.



Stop the spread of germs that make you and others sick!